

1 Peter 5:6-7

All Christians Can and Should Be Spiritual Quarterbacks

General Command v6

Therefore humble yourselves under the mighty hand of God, that He may exalt you at the proper time

Therefore....means go back to the immediate context and see what it is there for:
IOWs: one major way we apply the command of v6 to “humble ourselves under the might hand of God” is for Elders and Non-Elders to be/do the input of 1 Peter 5:1-5

Believers who humble themselves under God-love/serve others and submit to human authorities and will be honored by God in the future as our Lord Jesus teaches us:
But the greatest among you shall be your servant. Whoever exalts himself shall be humbled; and whoever humbles himself shall be exalted. Matthew 23:11-12

Specific Command v7

casting all your anxiety on Him, because He cares for you.

This verse describes another way in which believers are to apply the command of 5:6. Rather than carrying the weight of our concerns alone (like a running back), we should pass our stress to God/His Purposes (like a quarterback).

Spiritual Running Backs: Carry Their Cares Themselves

Fail to “See” the LORD’s Presence in the Midst of Their Storms, To the Extent They Do Look to the LORD-They Doubt/Pout While Obsessively Fretting

Spiritual Quarterbacks: Pass Their Cares to the LORD

Commit to Recognize the LORD’s Presence in the Midst of Their Storms-The Do Look to the LORD While at the Same Time Express Intelligent Concern/Take Appropriate Actions

Take This To Heart

Fact: Crisis Comes to All Christians

Challenge: We Should Elect to Be Spiritual Quarterbacks NOT Spiritual Running Backs