

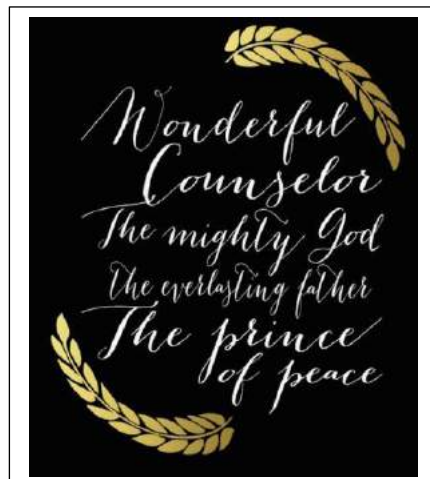


NEWSLETTER

Tanglewood Bible Fellowship

DECEMBER 2017

The Mission of TBF is to glorify God (Psalm 86:11-13; 115:1 and 1 Peter 2:12; 4:16) by actively participating in the ongoing fulfillment of the Great Commission (Matthew 28:19-20) as a body of believers (1 Cor 12:13; 1 John 5:1-5) who collectively/individually (Phil 1:27) serve our Savior, the Lord Jesus Christ (Rom 12:1-2) and one another (Phil 2:3-4) functioning as a spiritual Greenhouse (Eph 4:11-16) such that by our interactions together we are catalyzed to grow (Acts 2:42) and to reproduce (Acts 2:47) spiritually

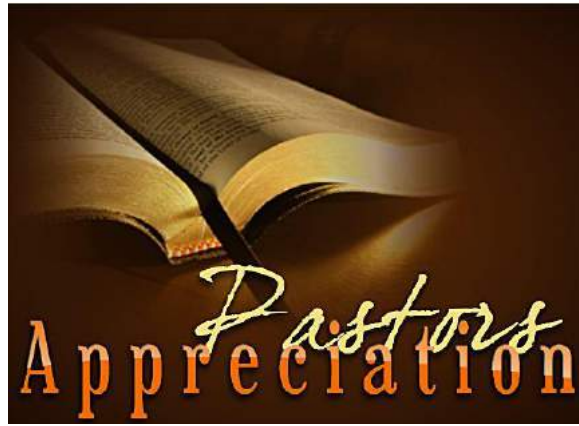


Bible Studies and Events:

- Mondays at TBF 6-7 p.m.** - Pilates with Nancy
- December 3rd** – TBF's Pastors' Appreciation Day
- December 3rd** – Men's PM Fellowship at Mike Palovik's 6:33-7:59
- December 5th** – WOT Evening Bible Study at TBF – 6:30 – 8:30
- December 6th** – WOT Morning Bible Study at Olga's home – 9-11
- December 11th** – MOPS at FUMC 9:30-11:30
- December 11th** – Personal Protection Seminar at The Simmons Center – 6:30-8:30 p.m.
- December 12th** – Women's Christmas Fellowship at TBF – 6:30-8:30 p.m.
- December 13th** – Deadline for items for Christmas baskets
- December 17th** – Wassail Night with potluck starting at 5:00 p.m.
- December 19th** – Kindred Community Dinner at First United Methodist Church - 6-8 p.m.
- December 20st & 27th** – No Wednesday Services
- December 24th & 31st** – Sunday Services will be 10:00 – 11:30 a.m.

COMING UP NEXT MONTH:

**WEDNESDAY, JANUARY 31ST – WOW WEDNESDAY WITH SPECIAL GUEST
SPEAKER, DARRELL WEAVER**



**Day at TBF
Sunday
December 3rd**

There will be a special presentation to honor Pastor Brad and Debbie, and Pastor James and Shawna, as they all do so much to serve us and honor the Lord.

There will be boxes on the back table for each pastor so you may drop in cards of appreciation to be presented to each pastor and family, together with a love offering. If you are led to give, feel free to put cash, checks, gift cards, etc., in the cards to be collected in the boxes. You may also give checks to Ron Miller, made out to the church with a note in the memo designating Pastor Appreciation and the designated amounts.

Pilates with Nancy

This class is 1 year strong!

Beginners always welcome!

When: Mondays from 6:00 to 7:00 p.m.

EXCEPT FOR CHRISTMAS AND NEW YEARS' DAYS

Where: TBF auditorium

What: A workout consisting of 50 minutes of floor exercises, not constantly on knees or wrists and no up and down movements, followed by a short workout in the standing position.

How Much: \$5.00 per week

What to wear: Shorts, sweatpants, t-shirts, whatever. The workout will be done in bare or sock feet.



Contact Nancy at 580-467-6310



MOPS ~ December 11th ~

9:30 - 11:30 a.m.

at First United Methodist Church

2300 Country Club Rd.,

Duncan, Oklahoma

For more information, contact 580-255-3353



At TBF on Tues. evening, Dec. 12th, 6:30 - 8:30 p.m.

This special event is sponsored by the participants of the Bible Study, "Your Divine Design". It is open to all Women of Tanglewood, as well as invited guests. There is no charge to anyone.

What will make this evening so special? Lots of wonderful finger foods, beverages, and door prizes, table decorations by the creative hand of Angie Lovett and friends, special music by the beautiful voice of Sonja Skinner, the heartfelt personal testimony of Amanda Burch about the extreme that God has done in her life. And most importantly, fellowship with sisters in Christ in honor of our Lord Jesus!

Please be sure to sign up if you haven't already. Contact Mimi, Carolyn, or Olga for questions.



We are pleased to announce the title of our new Bible study beginning late January is:

'DISCERNING THE VOICE OF GOD' by Priscilla Shirer

This study is a 7 session DVD study that will help us to "discover the root to clear and daily communication with God - humble obedience. Learn how surrender unlocks His many blessings intended for us, centers us in His will, and helps us discern His voice in everyday life."

Participants will receive study guides, articles by Dr. Tony Evans, and many helpful illustrations.

Coordinated studies will begin in late January and will be offered bi-monthly on Tuesday evenings at TBF, 6:3-8:30pm and also on Wednesday mornings, 9-11am, in the home of Olga Pollock.

More information will be available soon. Please be watching for a sign-up sheet.

Hoping you will join us in another insightful and special time with sisters in Christ!



Most everyone knows Jean is an optimist.

Did you know that many TBFers are tidsoptimists?

Have you ever heard someone refer to "TBF time?"

This newsletter editor definitely is a tidsoptimist.

Well now we know why we TBFers are better late than never.

| **tids•op•ti•mist**, *n.* 1. someone who is optimistic about how much time they have, who is therefore often late or just in time 2. time optimist

Ever wonder what people are saying about TBF?

"Miss Jean, our church is fantastic!" ~ Mavis Burch

She also told Jean, "Your bathroom is very clean Miss Jean!"

There you have it.

Christmas Baskets

Deadline: December 13th

*TBF continues its annual holiday tradition –
giving and serving those in need within our community ~*

**Please bring items you signed up to purchase no later than
Wednesday, December 13th.**

Thank you so much for your generous participation ~ Stefani West

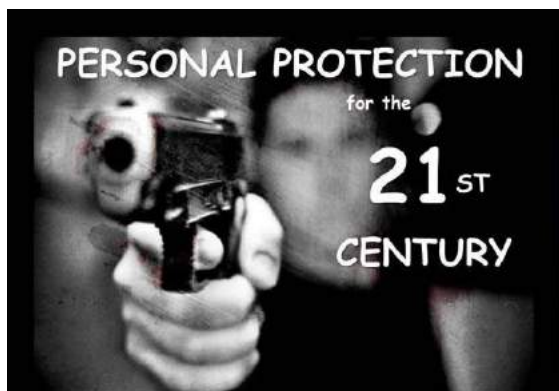
580-656-3836 stefani@west.gs

Men's Fellowship



**Sunday, December 3rd
6:33 – 7:59 p.m.**

**at Mike Palovik's
916 Willow Bend
Marlow, Oklahoma**



**Monday, December 11th
6:30–8:30 p.m. at The Simmons Center
No tickets required**

**This is a FREE seminar open to everyone, presented by
Keith Stewart of Firearms Solutions. The topics covered
will be:**

- Use of force**
- Defending your family during a home invasion**
- Making a defensive plan for a home invasion**
- Psychological impact of a home invasion**
- Characteristics of an active shooter**
- Active shooter survival**

**You will hear 2 stories from 2 different families that were
victims of home invasions right here in Stephens County.**

*Keith is a former police officer, an excellent speaker, and a valuable
firearms instructor. I have heard him speak and he is quite
knowledgeable in the laws surrounding gun ownership's do's and
don'ts. I encourage each and every one to attend and be informed.
~ Ginny*



Wassail Night

**Our TBF Family's
Christmas Party**

Starting at 5:00

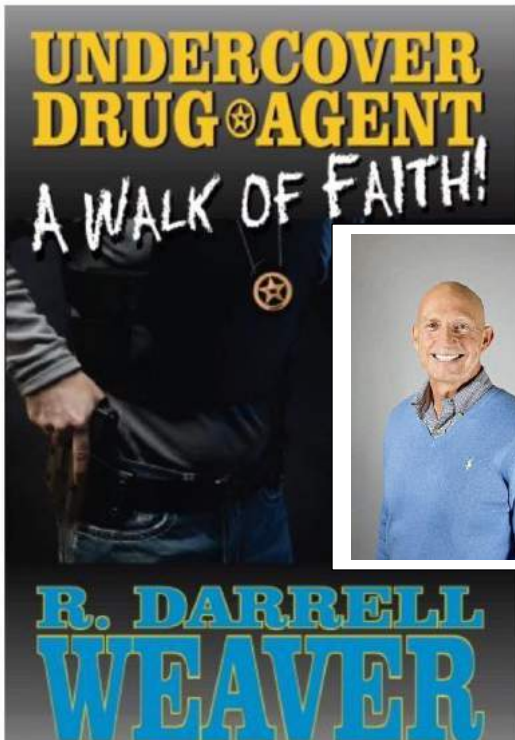
**With a
Potluck
Dinner**



**Sign up
and/or
contact**

**Emcee Dale
Corbin**

**Followed by a display of TBF talent
and
Traditional Wassail**



**Darrell Weaver, Author and Retired Former
Director of Oklahoma Bureau of Narcotics and
Dangerous Drugs Control
at TBF WOW Wednesday, January 31, 2018**

Darrell Weaver is a Comanche High School graduate; a graduate from Cameron University with a BA of Accounting; and also earning an MBA from Oklahoma Christian University. He was commissioned as an Agent with the Oklahoma Bureau of Narcotics in 1987, where he held various assignments throughout the state. In September 2006, he was appointed Director of the Oklahoma Bureau of Narcotics and Dangerous Drugs Control and retired after serving the Bureau for 28 years. In 2014, Weaver was inducted into the Oklahoma Law Enforcement Hall of Fame. Weaver is currently the CEO of Big Brothers Big Sisters of Oklahoma. Weaver is married to Kim, a physician, and they have five children. As small business owners, they are active members of the Moore Chamber of Commerce and South Oklahoma City Chamber of Commerce. In Moore, Weaver serves as the Chair of the Government Affairs Committee. He is a long-time volunteer youth football and basketball coach.

DECEMBER 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3 Pastors' Appreciation Day Men's PM Fellowship At Palovik's 6:33-7:59	4 Pilates @ 6:00	5 WOT PM Bible Study at TBF 6:30-8:30	6 WOT AM Bible Study at Olga's 9-11	7	8	9
10	11 MOPS at First United Methodist Church 9:30-11:30 Pilates @ 6:00 Personal Protection Seminar @ Simmons Center 6:30-8:30	12 Women's Christmas Fellowship At TBF 6:30-8:30	13 Items for Christmas baskets due	14	15	16
17 Wassail Night starting 5:00	18 Pilates @ 6:00	19 Kindred Community Dinner at First United Methodist Church 6-8	20 NO PM SERVICES	21	22	23
24 AM SERVICES 10:00-11:30 31 AM SERVICES 10:00-11:30	25 CHRISTMAS	26	27 NO PM SERVICES	28	29	30

Philly Sloppy Joes

By Ginny Heath

8 WW points, not including bun

Serves 6

1 pound lean ground beef
2 T. butter (I use whipped butter because it is less fat)
1 small yellow onion, diced
1 small green bell pepper, diced
8 ounces brown mushrooms, minced
2 T. ketchup
1 T. Worcestershire sauce
1/2 t. salt
1/2 t. black pepper
1 T. Cornstarch
1 c. lower sodium Beef Broth
6 ounces Provolone cheese slices, chopped
6 Hamburger buns or sandwich rolls

Add the ground beef to a large skillet (cast iron, if you have one) and brown until a deep brown crust appears. Remove the beef, wipe out skillet and add the butter to melt. Add onions, bell pepper and mushrooms and cook until tender. Add the beef back into the pan. In a small cup, mix the beef broth and cornstarch together. Add the ketchup, Worcestershire sauce, salt, black pepper, beef broth/cornstarch mixture into the pan. Cook until the mixture for another 5 minutes. Turn off the heat, add in the provolone cheese and stir. Serve on buns.

Tanglewood Bible Fellowship
P. O. Box 562
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