



NEWSLETTER

Tanglewood Bible Fellowship

OCTOBER 2017

The Mission of TBF is to glorify God (Psalm 86:11-13; 115:1 and 1 Peter 2:12; 4:16) by actively participating in the ongoing fulfillment of the Great Commission (Matthew 28:19-20) as a body of believers (1 Cor 12:13; 1 John 5:1-5) who collectively/individually (Phil 1:27) serve our Savior, the Lord Jesus Christ (Rom 12:1-2) and one another (Phil 2:3-4) functioning as a spiritual Greenhouse (Eph 4:11-16) such that by our interactions together we are catalyzed to grow (Acts 2:42) and to reproduce (Acts 2:47) spiritually

Sunday 1st Hour Teaching Time:

October 1st: 1st Peter Series concludes
October 8th: Special Message: How to be "Rapture Ready" without Setting Dates or Being Influenced by Those Who Do
October 15th: Special Message on Isaiah 53; and Missionary (to Muslims in the Middle East) Kayla Carson will speak for about 15 minutes during the 9:30 worship assembly
October 22nd: Special TBF Outdoor Services and Old-Fashioned Fall Cookout at The Demerson's starting at 10:30 a.m.
October 29th: Message by one of the top 100 Youth Pastors in the US

Sunday 2nd Hour Young Adult Class:

"Why We Believe" DVD Study with Chip Ingram

Wednesday P.M. Services:

Wednesday services run from 7:00-8:05 p.m.

"Heroes and Zeroes in the Bible"
Series continues

Bible Studies and Events:

Mondays at TBF 6-7 p.m. - Pilates with Nancy
October 1st - The LORD's Supper will be celebrated during 2nd Hour
October 1st - Men's PM Fellowship at Tommy Lovett's 6:33-8:03
October 2nd, 9th, 16th, 23rd & 30th - Precept Bible Class taught by Blanche Brittain - 6:30 p.m. at Blanche's home
October 3rd, 10th, 17th, 24th & 31st - Precept Bible Class taught by Blanche Brittain - 9:30 a.m. at Blanche's home
October 7th - Fundraiser Yard Sale at TBF for Mitchell's Haiti Adoption Fund
October 7th - Relay for Life Cancer Survivors' Dinner @ FUMC
October 8th - Children's Ministry Friends of the Classroom meeting after services
October 9th - MOPS at FUMC 9:30-11:30
October 10th and 24th - WOT Evening Bible Study at TBF - 6:30 - 8:30
October 11th and 25th - WOT Morning Bible Study at Olga's home - 9-11
October 15th - Missionary Kayla Carson will speak during parts of 1st & 2nd Hour
October 16th - Kindred Community Dinner at FUMC - 6-8 p.m. hosted by TBF
October 18th - TBF Monthly Fellowship Dinner 5:45 - 6:45
October 22nd - Special outdoor services/cookout, 10:30-11:30 at David and Julie Demerson's Home/Backyard 2210 Sunset,

COMING UP:

SA TURDAY, NOVEMBER 4TH - Relay for Life main event

SUNDAY, NOVEMBER 5TH - Missionary Mike Duffy will be speaking during 1st Hour

TUESDAY, DECEMBER 12TH - Ladies' Christmas Fellowship

**Monthly TBF
Wednesday Fellowship Dinner**

**October 18th
5:45-6:45**

**JEAN'S FAMOUS CATFISH
HOMEMADE HUSHPUPPIES,
COLESLAW, BEANS AND
ALL THE FISH FIXIN'S**



**\$4.00 each
or
Hot Dog
\$3.00 each**

Pilates with Nancy

This class has been going strong for 1 year now!

Try it!

You may ask yourself, "Why didn't I do this a year ago?"

Beginners always welcome!



When: Mondays from 6:00 to 7:00 p.m.

Where: TBF auditorium

What: A workout consisting of 50 minutes of floor exercises, not constantly on knees or wrists and no up and down movements, followed by a short workout in the standing position.

How Much: \$5.00 per week

What to wear: Shorts, sweatpants, t-shirts, whatever. The workout will be done in bare or sock feet.

Contact Nancy at 580-467-6310



MOPS ~ October 9th ~

9:30 - 11:30 a.m.

at First United Methodist Church

2300 Country Club Rd.,

Duncan, Oklahoma

For more information, contact 580-255-3353

Divine Design Bible Study



Our Bible Study on Tuesday evenings, at TBF, and Wednesday mornings, at Olga's, continue twice a month. You are still welcome to join us.

We are studying with Chip Ingram via a DVD series titled "Divine Design." We have learned that God is doing an extreme makeover in our lives and has given every believer one or more spiritual gifts to build up the body of Christ. We are learning to discover, develop and deploy our gifts.

We are inviting all the ladies of TBF to a special Christmas Fellowship at the end of our evening study on **Tuesday, December 12th**, at our Church. This will be a special night of fun, fellowship and honoring of our Lord Jesus Christ. It will be hosted by our Bible Study group. A special lady from our study will give her testimony of her extreme makeover God has done in her life, as well as the gifts God has given her and how He is using them for His glory.

Mark your calendars and plan to attend our special Christmas Fellowship – again on Tuesday, December 12th, at TBF.

Carolyn Howard

When and where will the studies take place?
The Tuesday Evening Ladies Bible Study will meet
at TBF from 6:30 - 8:30pm.

~~Session 1 - Aug 29th~~
~~Session 2 - Sept 12th~~
~~Session 3 - Sept 26th~~
Session 4 - Oct 10th
Session 5 - Oct 24th
Session 6 - Nov 7th
Session 7 - Nov 21st
Session 8 - Dec 5th

The Wednesday Morning Ladies Bible Study will meet
in Olga's home from 9-11am.

~~Session 1 - Aug 30th~~
~~Session 2 - Sept 13th~~
~~Session 3 - Sept 27th~~
Session 4 - Oct 11th
Session 5 - Oct 25th
Session 6 - Nov 8th
Session 7 - Nov 22nd
Session 8 - Dec 6th



We invite everyone to come to the Friends of the Classroom meeting after church on Sunday, October 8th. Come check out what we will be doing with the kids this year, and give us your feedback! Interested in volunteering? Have a heart for kids but don't want to teach? We want you to join us! Our kids need positive role models, and you can be that person! As always, lunch will be provided.

Kindred Community Dinner

6:00 - 8:00 p.m.

Monday, October 16th

First United Methodist Church

2300 Country Club Road

Duncan, Oklahoma

*If you are a TBF woman with a heavenly husband or know of a woman you would like to invite to this event, please **RSVP** by contacting Jan Palovik at 580-467-1925 or sleepersully@hotmail.com*

by October 13th



to help with the
Kindred Community Dinner
at 1st United Methodist
Church and hosted by TBF
Monday, October 16th

Every TBFer will be needed to pull off this giant endeavor! Please encourage everyone to get involved! The KC ladies are really looking forward to this first time ever event where the host church was just the venue and someone else was the actual host!!!

Contact: Janice Skinner

Sunday, November 5th: Mike Duffy missionary to Hindus primarily in Holland will be speaking during 1st Hour. Mike has been in the same city/faithfully working to plant a church...which is rolling along nicely now for 15 years or so. He comes to TBF every three years during his six month furlough and we have had him with us for 4 or 5 of those over the years. If you haven't met him before this, he is a DTS grad and a solid/faithful very humble guy who loves the LORD...a joy to know/support.



*Special TBF Sunday Morning
Outdoor Services
followed by an
Old-Fashioned Fall Cookout*



October 22nd

Starting at 10:30 to ???

(stick around to visit/play games)

at the home of David and Julie Demerson

2210 Sunset Drive, Duncan, OK

- ~ After services, we'll have hamburgers and hotdogs with all the fixin's ~
- ~ Yard games will be set up for kids and adults so you can challenge Pastor Brad or your favorite elder or deacon to a game ~
- ~ Please indicate attendance and what food item(s) you will bring on the signup sheet on the "back table" – meat, buns and drinks provided ~
- ~ Bring lawn chairs ~

Weather permitting. Alternatively, regular services will be at the church building, starting at 10:30

YARD SALE FUNDRAISER

****All proceeds will go to the Mitchell Haiti Adoption Fund****

Saturday, October 7th

TBF parking lot

If you would like to donate items, please contact the Mitchell's
James 560-9088 ~ Shawna 560-9087

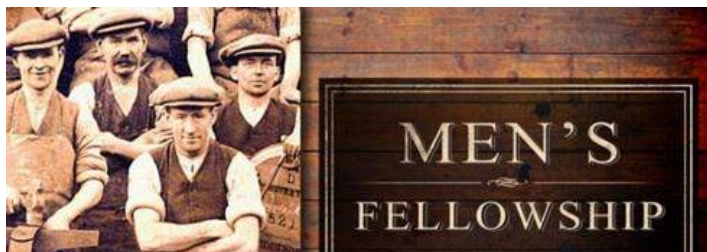
****We will also pick up any items!****



NEWS

The Cancer Survivor Dinner will be **October 7th** at FUMC, 2300 Country Club Rd., at 11:00 a.m., with baked potatoes, BINGO and door prizes. Each survivor may bring one guest. IT'S FREE!
The main event will be held at the DRH Cancer Center on **November 4th** from 9 – 12.

If you would like to make a donation to ACS please contact Jarilyn Harris [580-656-7202](tel:580-656-7202)



Sunday, October 1st

6:33 – 8:03

At the home of Tommy Lovett

3955 Seminole Road

Duncan, Oklahoma

OCTOBER 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1</p> <p>LORD'S SUPPER 2ND HOUR</p> <p>MEN'S PM FELLOWSHIP 6:33 – 8:03</p>	<p>2</p> <p>Precept Bible Study at Blanche Brittain's <u>6:30 p.m.</u> Pilates @ 6:00</p>	<p>3</p> <p>Precept Bible Study at Blanche Brittain's 9:30 a.m.</p>	<p>4</p>	<p>5</p>	<p>6</p>	<p>7</p> <p>Mitchell Yard Sale @ <u>TBF</u> RFL Survivors' Dinner @ FUMC</p>
<p>8</p> <p>Friends of the Classroom meeting after services</p> <p>15</p> <p>Missionary Kayla Carson</p>	<p>9</p> <p>MOPS at First United Methodist Church 9:30-<u>11:30</u> Precept Bible Study <u>6:30 p.m.</u> Pilates @ 6:00</p> <p>16</p> <p>Kindred Community Dinner at FUMC hosted by TBF <u>6-8</u> Precept Bible Study <u>6:30 p.m.</u> Pilates @ 6:00</p>	<p>10</p> <p>Precept Bible Study at Blanche Brittain's <u>9:30 a.m.</u> WOT PM Bible Study at TBF 6:30-8:30</p> <p>17</p>	<p>11</p> <p>WOT AM Bible Study at Olga's 9-11</p> <p>18</p> <p>TBF Fellowship Dinner 5:45-6:45</p>	<p>12</p> <p>19</p>	<p>13</p> <p>20</p>	<p>14</p> <p>21</p>
<p>22</p> <p>Special Outdoor Services & Old-Fashioned Fall Cookout at Demerson's 10:30-???</p>	<p>23</p> <p>Precept Bible Study at Blanche Brittain's 6:30 p.m. Pilates @ 6:00</p>	<p>24</p> <p>Precept Bible Study at Blanche Brittain's <u>9:30 a.m.</u> WOT PM Bible Study at TBF 6:30-8:30</p>	<p>25</p> <p>WOT AM Bible Study at Olga's 9-11</p>	<p>26</p>	<p>27</p>	<p>28</p>
<p>29</p>	<p>30</p> <p>Precept Bible Study 6:30 p.m. Pilates @ 6:00</p>	<p>31</p> <p>Precept Bible Study at Blanche Brittain's <u>9:30 a.m.</u></p>				

Cod Coubion

By Ginny Heath

Serves 5 to 7

2 pounds Cod filets, cut into 1-inch cubes (I use Cod because of the milder flavor)
1/2 t. salt
1 1/2 T. olive oil
1 large onion, diced
1 large bell pepper, diced
2 t. minced garlic
1/2 t. celery salt
1 can diced tomatoes, no salt added
1/2 small can of hot, diced green chilies
2 cans Golden Cream of Mushroom Soup
3/4 T. Louisiana Bayou seasoning
1 T. Slap Ya Mama seasoning
3 cups water
2 lemons, thinly sliced and seeded
4 cups cooked rice

Cut fish filets into 1-inch nuggets and lye them in a single layer on a cutting board. Sprinkle with salt and set aside. In a large stock pot, add the olive oil and heat over medium-high heat. Add onion, green pepper and garlic. Cook about 5 minutes. Stir in tomatoes, chilies and celery salt. Cook an additional 5 minutes, stirring occasionally. Add soup, remaining seasonings and water. Cover and simmer for 30 minutes, stirring occasionally to prevent scorching. Remove lid and add fish nuggets and lemon slices. Cook uncovered approximately 15 minutes until fish is cooked and broth is somewhat thickened. Serve over rice.

Tanglewood Bible Fellowship
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