



# NEWSLETTER

Tanglewood Bible Fellowship

APRIL 2017

*The Mission of TBF is to glorify God (Psalm 86:11-13; 115:1 and 1 Peter 2:12; 4:16) by actively participating in the ongoing fulfillment of the Great Commission (Matthew 28:19-20) as a body of believers (1 Cor 12:13; 1 John 5:1-5) who collectively/individually (Phil 1:27) serve our Savior, the Lord Jesus Christ (Rom 12:1-2) and one another (Phil 2:3-4) functioning as a spiritual Greenhouse (Eph 4:11-16) such that by our interactions together we are catalyzed to grow (Acts 2:42) and to reproduce (Acts 2:47) spiritually*

## Sunday 1<sup>st</sup> Hour Teaching Time:

April 2: Messiah in the Passover-Jason Rose  
April 9: 1 Peter 2:4-10  
April 16: Easter Message  
April 23: 1 Peter 2:11-12  
April 30: 1 Peter 2:13-19

## Sunday 2nd Hour Young Adult Class:

Dr. Kevin Lehman

*Have a New Kid by Friday* DVD series ends 4/9

A new TBA series after that!

"I don't know yet what it will be....but I do know it will be (pretty) good!" ~ Pastor Brad

## Wednesday P.M. Services:

Wednesday services run from 7:00-8:05 p.m.

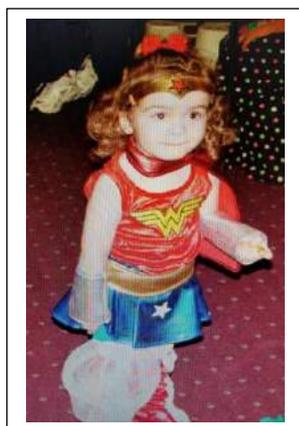
## Coming Up:

**May 6:** TBF Uth Bus Barn Sale

**Super Summer 2017 "Rescued"**

**June 3 - 8:** Puebla 2017

**July 1 – 9:** Uth Mission Trip, Mescalero, NM



**WHEN THEY  
WERE  
SUPER HEROES**

Karsynn  
(Oct. 2008)  
Conner  
(Oct. 2009)

See what they  
are doing now on  
page 5.



## Bible Studies and Events:

April 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup> & 24<sup>th</sup> - Pilates with Nancy at TBF 6-7 p.m.

April 10<sup>th</sup> - MOPS at First United Methodist Church 9:30-11:30

April 11<sup>th</sup> & 25<sup>th</sup> -TBF WOT evening Bible Study at TBF 6:30 – 8:30 p.m.

April 12<sup>th</sup> & 26<sup>th</sup> - TBF WOT morning Bible Study at Olga Pollock's 9:00 – 11:00 a.m.

April 16<sup>th</sup> - **Easter**

April 19<sup>th</sup> – TBF Monthly Fellowship Dinner 5:45 – 6:45

April 20<sup>th</sup> – Kindred Community 6-8 p.m. at New Hope Baptist Church

April 30<sup>th</sup> – Men's PM Fellowship at Danny Pollock's 6:33 – 8:03

# Monthly TBF Wednesday Fellowship Dinner

April 19<sup>th</sup>  
5:45-6:45

## Mexican Casserole

\$4.00 each

OR

## Hot Dog, Chips & a Sweet Treat

\$3.00 each



**MOPS ~ April 10<sup>th</sup> ~**

9:30 - 11:30 a.m.

**at First United Methodist Church**

2300 Country Club Rd.,

Duncan, Oklahoma

For more information, contact 580-255-3353

## *Pilates with Nancy*

### **TRY IT – YOU’LL LIKE IT!**

A great way to work on flexibility, tone and  
practice proper deep breathing



**When:** Mondays **from 6:00 to 7:00 p.m.**

**Where:** TBF auditorium

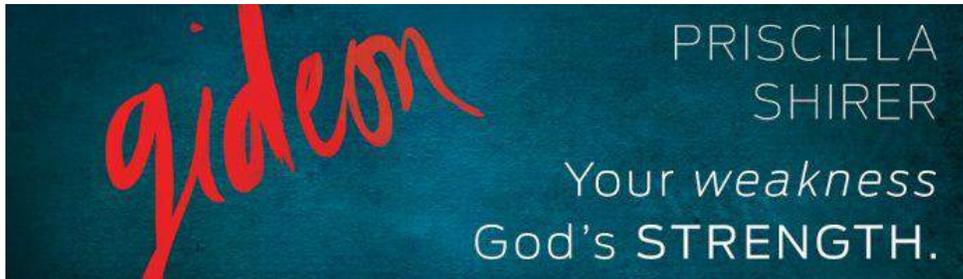
**What:** A workout consisting of 40 to 45 minutes of floor exercises, not constantly on knees or wrists and no up and down movements, followed by a short workout in the standing position.

**How Much:** \$5.00 per week

**What to wear:** Shorts, sweatpants, t-shirts, whatever. The workout will be done in bare or sock feet.

For more information, contact Nancy at 580-467-6310

# Women of Tanglewood



**Gideon: Your weakness. God's strength.**  
(A 7 session women's DVD Bible study by **Priscilla Shirer**.)

When we hear the name Gideon, most of us think about his 300 soldiers or the fleece he laid out under the evening sky. But Gideon's story is so much bigger than that—bigger than any one man and his mark on Israel's history. Like everything else in the Bible, this is a story about God and His people, His love for them, as well as His strength operating in spite of their weakness—even through their weakness. And because God's people includes you and me, Gideon's story is also about us—our lives, our doubts, our struggles, and our possibilities as believers. From a state of fear, weakness, and insecurity, Gideon emerged as Israel's hero, filled with God's presence and His passion for deliverance.

This study will conclude this month and will meet Tuesday Evenings, 6:30-8:30, at the church; Wednesday mornings, 9:00-11:00, at Olga's.

Evening - Tues pm  
4/11 - #6  
4/25 - #7

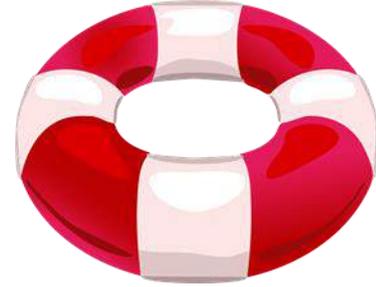
Daytime - Wed am  
4/12 - #6  
4/26 - #7

Mimi and Olga



**for information about**

**Women of Tanglewood's  
Super Summer Saturdays**



**Super Summer 2017**  
**RESCUED**

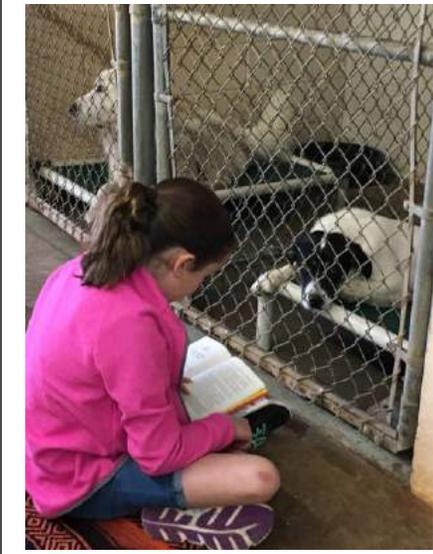
**I know it is a little bit early (especially for me) but Super Summer will be here before you know it and we will be going with a beach theme, primarily focusing on being , “RESCUED”.**

**A few items or things that I already know that I would like to have are listed below:**

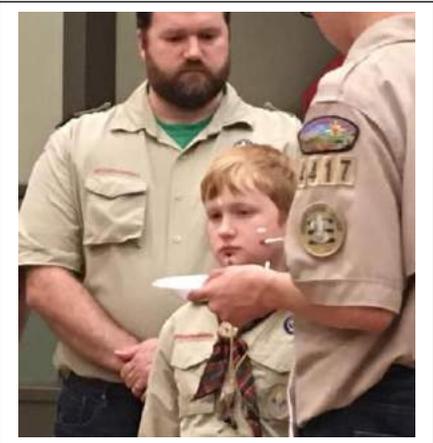
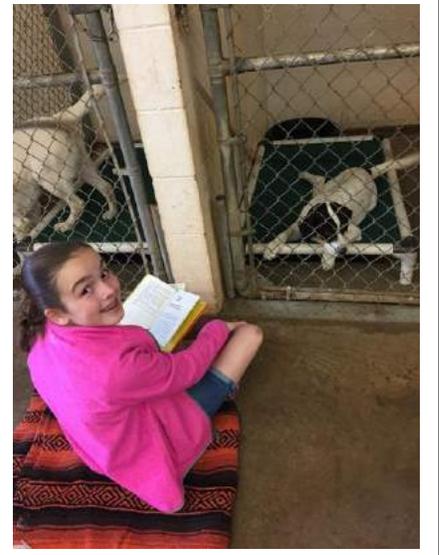
- **Life Jackets**
- **Life Saving Rings (like the pictures above, they don't have to be red and white though)**
- **Life Guard chair - I am thinking this may have to be built so for any builders out there, I need your help!**

**Please let me know if you have any of these items that we might be able to use. Thank you in advance!!**

**Krista Bowles**  
**Cell (call or text) - 470-5498**  
**E-mail - bowlesfarms@pldi.net**



During Spring Break, Karsynn certainly was a super hero to some lucky dogs at the Stephens County Humane Society. She gave up some of her free time to volunteer for the Shelter Buddies Reading Program. Students were given the opportunity to read their own books to the shelter animals in the kennel area. These dogs (and cats) need to be socialized and are in need of human companionship. There were some 32 students who participated in this program on that day. You will have to ask Karsynn what story she read them.



This past week Conner celebrated his 5-year commitment to Cub Scouts. During the ceremony, dots were painted on Conner's face to represent the 7 virtues he will strive to achieve in life. They are are: wisdom, courage, self-control, justice, faith, hope and love. Conner was also awarded the Arrow of Light award which is the highest award in Cub Scouting and the only award from cubs that is allowed on a Boy Scouts uniform.



**From the Editor:**

I have never been a parent and can only imagine, as parents, how proud you must be of your children and their accomplishments. I happened to notice some good deeds and accomplishments which Karsynn and Conner made this last month. It made me feel proud to know them as part of my church family. I would like to spotlight our TBF kids "doing good." I ask parents, grandparents or other church family members to submit items and/or pictures to help me out - just in case I miss something, AND I may. Thank you.

What does it take to raise a great kid? I don't know, but it must be a perfect blend of great parenting; support from grandparents and relatives; good examples from others; a church family; and Christian teaching, guidance and answered prayers. You know, given the opportunity, Jean will twist your arm, bribe or trick you into helping with the TBF children's education ministry. Just an ironic thought about both Karsyn and Conner – they are being raised by Christian parents who grew up as TBF kids themselves. They must have received a legacy of knowledge from teaching by someone back in "those classrooms", whether it was Dale, Bobbie, Connie, Rick, Donetta, Janice and Steve, to name a few. ~ Ginny

## *Kindred Community Dinner*

6:00 - 8:00 p.m.

*Thursday, April 20<sup>th</sup>*

*New Hope Baptist Church  
200 S 42<sup>nd</sup> Street  
Duncan, Oklahoma*

*If you are a TBF woman with a heavenly husband or know of a woman you would like to invite to this event, please*

*RSVP by contacting*

*Jan Palovik at 580-467-1925 or [sleepersully@hotmail.com](mailto:sleepersully@hotmail.com)*

*by April 16<sup>th</sup>*

## **PUEBLA 2017 SATURDAY - THURSDAY JUNE 3-8**

We will work with  
Tomas/Carmen Yanez and  
The Church of the City.

*All you need is a Bible, a  
passport and a servant's heart,  
but first you need talk  
to Brad **TODAY!***

*Where God Guides...God  
Provides*

## **Men's Fellowship**

**Sunday, April 30**

**6:33 - 8:03 pm**

We will meet this month at  
Danny Pollock's house. We  
will snack, receive some  
input from Super Bowl  
Winning Coach Tony Dungy  
(DVD), play a game....and  
somebody will win a \$20  
Gift Card to Jonny's  
Restaurant. Come and bring  
a (male) friend if you can.

# APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 Pilates @ TBF 6-7	4	5	6	7	8
9	10 MOPS at FUMC <u>9:30 – 11:30</u>  Pilates @ TBF 6-7	11 WOT Gideon study at TBF 6:30-8:30	12 <i>WOT Gideon study at Olga Pollock's</i> 9-11	13	14	15
16  <b>EASTER</b>	17  Pilates @ TBF 6-7	18	19  TBF Fellowship Dinner 5:45-6:45	20  6:00 – 8:00 Kindred Community Dinner @ New Hope	21	22
23	24 Pilates @ TBF 6-7	25 WOT Gideon study at TBF 6:30-8:30	26 <i>WOT Gideon study at Olga Pollock's</i> 9-11	27	28	29
30  Men's Fellowship Night 6:33-8:03						

## **Carrot Muffins**

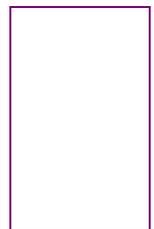
**(A recipe from Mother's collection)**

**Makes 2 1/2 dozen muffins**

2 cups sugar  
1-1/4 cups oil  
4 eggs, lightly beaten  
3 cups all purpose flour  
2 t. baking powder  
1 t. baking soda  
1/2 t. salt  
2 cups grated carrots  
1/2 cup chopped nuts  
1/2 cup raisins (optional)

Preheat oven to 350°F. Grease muffin tin or prepare with paper liners. Beat sugar and oil in medium bowl. Blend in eggs. Sift flour, baking powder, baking soda and salt into another bowl. Gradually stir dry ingredients into oil mixture, blending well. Fold in carrot, nuts and raisins. Spoon batter into tin, filling each cup 2/3 full. Bake until tester inserted in centers of muffins comes out clean, 35 to 40 minutes. Serve warm.

Tanglewood Bible Fellowship  
P. O. Box 562  
Duncan, OK 73534-0562



To: