



# NEWSLETTER

Tanglewood Bible Fellowship

MARCH 2017

*The Mission of TBF is to glorify God (Psalm 86:11-13; 115:1 and 1 Peter 2:12; 4:16) by actively participating in the ongoing fulfillment of the Great Commission (Matthew 28:19-20) as a body of believers (1 Cor 12:13; 1 John 5:1-5) who collectively/individually (Phil 1:27) serve our Savior, the Lord Jesus Christ (Rom 12:1-2) and one another (Phil 2:3-4) functioning as a spiritual Greenhouse (Eph 4:11-16) such that by our interactions together we are catalyzed to grow (Acts 2:42) and to reproduce (Acts 2:47) spiritually*

## Sunday 1<sup>st</sup> Hour Teaching Time:

1 Peter, Chapter 1  
"Faith Under Fire"

## Sunday 2nd Hour Young Adult Class:

Dr. Kevin Lehman  
"Have a New Kid by Friday" DVD

## Wednesday P.M. Services:

Wednesday services run from 7:00-8:05 p.m.

## Coming Up:

**April 2:** Jason Rose of Chosen People Ministries will present "The Messiah in the Passover"

## **Men's PM Once/Month Sunday PM Fellowship Night**

In April, It Will Meet at Danny Pollock's 6:30-8:00 p.m.

## **Super Summer 2017 "Rescued"**

**Puebla 2017:** June 3 – 8

## **Uth Mission Trip, Mescalero, NM:**

July 1 - 9



**Whatever it takes to deliver the TBF Newsletter (circ. Jan. 2017)**

## Bible Studies and Events:

March 2<sup>nd</sup> & 9<sup>th</sup> – TBF (Thursday evening option) Men's evening Bible Study 6:30-7:45 p.m.

March 5<sup>th</sup> – TBF Church Building "Work (afternoon) Day" – 1:00 p.m.

March 5<sup>th</sup> – TBF (Sunday evening option) Men's Bible Study 6:30-7:45 p.m.

March 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup> & 27<sup>th</sup> - Pilates with Nancy at TBF 6-7 p.m.

March 6<sup>th</sup> – 6-8 p.m. @ TBF Kindred Community training session

March 8<sup>th</sup> & 22<sup>nd</sup> - TBF WOT morning Bible Study at Olga Pollock's 9:00 – 11:00 a.m.

March 14<sup>th</sup> & 28<sup>th</sup> -TBF WOT evening Bible Study at TBF 6:30 – 8:30 p.m.

March 22<sup>nd</sup> – TBF Monthly Fellowship Dinner 5:45 – 6:45

March 23<sup>rd</sup> – Kindred Community 6-8 p.m. at FBC Duncan

March 27<sup>th</sup> - MOPS at First United Methodist Church 9:30-11:30

# Monthly TBF Wednesday Fellowship Dinner

March 22<sup>nd</sup>

5:45–6:45

**Baked Potato & Salad**

**\$4.00 each**

**or**

**Hot Dog, Chips & a Sweet Treat**

**\$3.00 each**

**TBF Women: Please bring desserts for this meal ~ Thank You!**



**MOPS ~ March 27<sup>th</sup> ~**

**A SPECIAL DATE DUE TO SPRING BREAK**

9:30 – 11:30 a.m.

**at First United Methodist Church**

2300 Country Club Rd.,

Duncan, Oklahoma

For more information, contact 580-255-3353

## *Pilates with Nancy*

### **TRY IT – YOU’LL LIKE IT!**

A great way to work on flexibility, tone and  
practice proper deep breathing



**When:** Mondays **from 6:00 to 7:00 p.m.**

**Where:** TBF auditorium

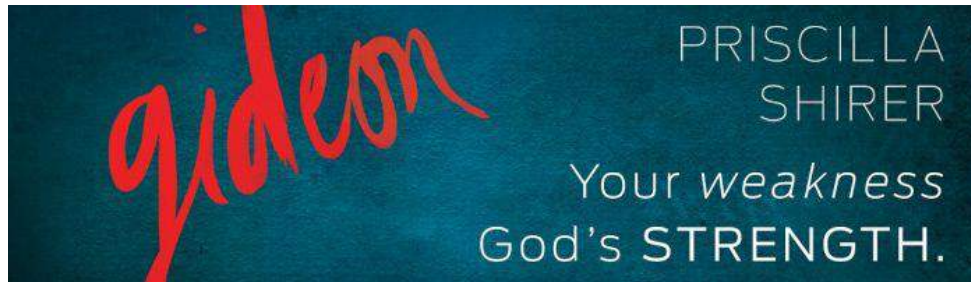
**What:** A workout consisting of 40 to 45 minutes of floor exercises, not constantly on knees or wrists and no up and down movements, followed by a short workout in the standing position.

**How Much:** \$5.00 per week

**What to wear:** Shorts, sweatpants, t-shirts, whatever. The workout will be done in bare or sock feet.

For more information, contact Nancy at 580-467-6310

# Women of Tanglewood



## **Gideon: Your weakness. God's strength.**

(A 7 session women's DVD Bible study by **Priscilla Shirer**.)

When we hear the name Gideon, most of us think about his 300 soldiers or the fleece he laid out under the evening sky. But Gideon's story is so much bigger than that—bigger than any one man and his mark on Israel's history. Like everything else in the Bible, this is a story about God and His people, His love for them, as well as His strength operating in spite of their weakness—even through their weakness. And because God's people includes you and me, Gideon's story is also about us—our lives, our doubts, our struggles, and our possibilities as believers. From a state of fear, weakness, and insecurity, Gideon emerged as Israel's hero, filled with God's presence and His passion for deliverance.

This study will encourage you to recognize your weakness as the key that the Lord gives you to unlock the full experience of His strength in your life. In what ways do you feel insufficient? Those places create the greatest opportunity to experience the sufficiency of God. Instead of ignoring, neglecting, or trying to escape your weaknesses, see them as the gifts that they are, given specifically and strategically by God to unlock the door of God's strength.

Here are the dates for the evening and daytime studies -- Tuesday Evenings, 6:30-8:30, at the church; Wednesday mornings, 9:00-11:00, at Olga's.

### Evening - Tues pm

3/14 - #4

3/28 - #5

4/11 - #6

4/25 - #7

### Daytime - Wed am

3/8 - #4

3/22 - #5

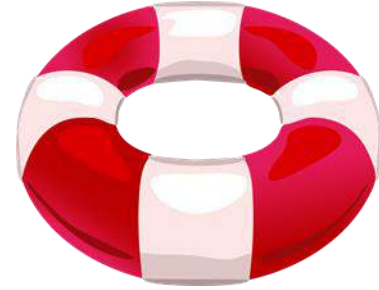
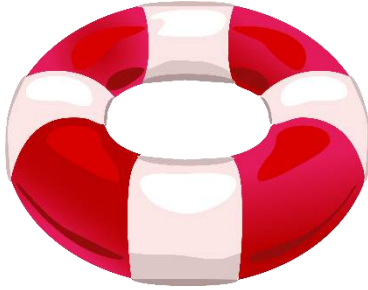
4/12 - #6

4/26 - #7

Please contact Mimi or Olga via email, phone or text to inquire about a study guide.

Looking forward to another wonderful opportunity to study God's word together!

Mimi and Olga



**Super Summer 2017**  
**RESCUED**

**I know it is a little bit early (especially for me) but Super Summer will be here before you know it and we will be going with a beach theme, primarily focusing on being , “RESCUED”.**

**A few items or things that I already know that I would like to have are listed below:**

- **Life Jackets**
- **Life Saving Rings (like the pictures above, they don't have to be red and white though)**
- **Life Guard chair - I am thinking this may have to be built so for any builders out there, I need your help!**

**Please let me know if you have any of these items that we might be able to use. Thank you in advance!!**

**Krista Bowles**  
**Cell (call or text) - 470-5498**  
**E-mail - bowlesfarms@pldi.net**

## *Kindred Community Dinner*

6:00 - 8:00 p.m.

**Thursday, March 23<sup>rd</sup>**

Sponsored by the DHS Student Council

*Duncan High School*

515 N. 19<sup>th</sup>

*Duncan, Oklahoma*

*If you are a TBF woman with a heavenly husband or know of a woman you would like to invite to this event, please **RSVP***

*by contacting*

*Jan Palovik at 580-467-1925 or [sleepersully@hotmail.com](mailto:sleepersully@hotmail.com)*

**by March 19<sup>th</sup>**

## **Baptismal Candidates?**

If you are a believer,  
but have not been  
baptized as a  
testimony of your faith  
in Jesus Christ, talk to  
Brad or James  
pronto!

## *Kindred Community Volunteer Training and Celebration*

March 6<sup>th</sup>

6:00 - 8:00 p.m.

*at Tanglewood Bible Fellowship*

*This is an annual training for our volunteers where we get to serve you!! Dinner will be provided. YUM!!! It is our hope that all of our volunteers and anyone who has ever thought about being a volunteer would come and see what Kindred Community is all about.*

*Please considering joining us! It's going to be a night of feasting and fellowship! The training will be fun and there could be a few surprises in store!! Come on ladies...RSVP! You know you want to be there!*

*Jan Palovik at 580-467-1925 or  
[sleepersully@hotmail.com](mailto:sleepersully@hotmail.com)*

## **2<sup>nd</sup> Hour Young Adult Class**

Dr. Kevin Lehman

"Have a New Kid by Friday" DVD

Here is one review by a grateful mom: What's more embarrassing than your mother-in-law buying you a book on parenting? I was so desperate I picked it up and read it in 2 nights. I started implementing the ideas immediately and get this....I saw an instant change in my daughter's behavior! I was in this huge battle with her every day and didn't even see how wrong I was to try and do battle with a 3 year old, but she is so strong-willed and I dug my heels in. I was going about it all wrong. I am so incredibly grateful for this book! I started reading it on Saturday night and saw such a significant change in her behavior by Thursday!! I liked how the book gave very specific and useful techniques and how I didn't ever get mad or angry like I was before. I just needed to refine my skills.

**Three Week Men's PM Bible Study Concludes in March:**

**Sunday, March 5<sup>th</sup> 6:30-7:45 pm**

**OR Thursdays 6:30-7:45 pm March 2<sup>nd</sup> and March 9<sup>th</sup>**

Based on the book "Unfolded" and the premise "It is possible to know Bible stories, yet miss THE Bible Story...we will survey the overall "Story of Scripture" to build closer relationships with our Lord and one another. Bring your Bible and a teachable heart. So that we can have an estimate of how many men to plan for, please sign up on the back table or email Pastor Brad at [bmccoy@cameron.edu](mailto:bmccoy@cameron.edu) **There Will Be Two Different Meeting Times Each Week** Pick the One That Works Best for You: 1: Sunday Evening or 2: Thursday Evenings

**PUEBLA 2017  
SATURDAY - THURSDAY  
JUNE 3-8**

We will work with  
Tomas/Carmen Yanez and  
The Church of the City.

*All you need is a Bible, a  
passport and a servant's heart,  
but first you need talk  
to Brad by the end of March!*

*Where God Guides...God  
Provides*

The Deacons have planned a  
church workday on  
Sunday afternoon, March  
5th. We'll plan to start at 1:00 pm.  
Our to do list includes:

- Take down the old basketball goal
- Trim Trees hanging over parking lot
- Septic System treatment (and training for all !!)
- Clean out gutters
- Stripe parking lot
- Replace stained carpet squares in Auditorium
- Fill-in electric line trenches
- Possibly install lighting in auditorium and change bulb in east projector



A CHOSEN PEOPLE MINISTRIES PRESENTATION:

# Messiah in the passover

Presenter:  
Jason Rose

When:  
April 2, 2017 at TBF



# MARCH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2 Men's PM Bible Study 6:30-7:45 (Opt. 2)	3	4
5 TBF Work Day <u>@1:00</u> Men's PM Bible Study 6:30-7:45 (Opt. 1)	6 Pilates @ TBF 6-7 Kindred Community Training Event @TBF 6-8	7	8 WOT Gideon study at Olga Pollock's 9-11	9 Men's PM Bible Study 6:30-7:45 (Opt. 2)	10	11
12	13 Spring Break  Pilates @ TBF 6-7	14 Spring Break  WOT Gideon study at TBF 6:30-8:30	15 Spring Break	16 Spring Break	17 Spring Break	18
19	20 Pilates @ TBF 6-7	21	22 WOT Gideon study at Olga Pollock's <u>9-11</u> TBF Fellowship Dinner 5:45-6:45	23 6:00 – 8:00 Kindred Community Dinner Duncan High School	24	25
26	27 Pilates @ TBF 6-7  MOPS at FUMC 9:30 – 11:30	28 WOT Gideon study at TBF 6:30-8:30	30	31		

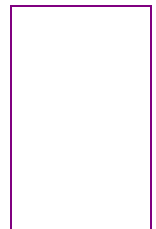


## Taco Cornbread Casserole

1 package corn bread/muffin mix (Shawnee or Martha White brands won't be sweet like Jiffy)  
1 pound lean, ground beef  
1 (8 oz) sour cream, light  
1 cup colby/ jack, cheddar or Mexican cheese, shredded **and divided**  
1/2 cup onion, chopped  
1 medium tomato, chopped  
1 cup shredded lettuce

In a large bowl, prepare cornbread mix based on instructions on the box. Spread into an 8 x 8 pan sprayed with cooking spray. Bake at 350 for 20 minutes. Brown ground beef; drain; and cook an additional 5 minutes with Taco Seasoning and 2/3 c. water. Remove cornbread from oven and spread meat over corn bread. Combine sour cream, 3/4 cup cheese and onion. Spread over meat mixture. Bake for 15 minutes longer or until heated through and cheese is melted. Sprinkle with tomato, lettuce and remaining 1/4 cup of cheese.

Tanglewood Bible Fellowship  
P. O. Box 562  
Duncan, OK 73534-0562



To: