



NEWSLETTER

Tanglewood Bible Fellowship

FEBRUARY 2017

The Mission of TBF is to glorify God (Psalm 86:11-13; 115:1 and 1 Peter 2:12; 4:16) by actively participating in the ongoing fulfillment of the Great Commission (Matthew 28:19-20) as a body of believers (1 Cor 12:13; 1 John 5:1-5) who collectively/individually (Phil 1:27) serve our Savior, the Lord Jesus Christ (Rom 12:1-2) and one another (Phil 2:3-4) functioning as a spiritual Greenhouse (Eph 4:11-16) such that by our interactions together we are catalyzed to grow (Acts 2:42) and to reproduce (Acts 2:47) spiritually

Sunday 1st Hour Teaching Time:

Feb 5: New Study of 1 Peter
“Faith Under Fire” Begins

Sunday 2nd Hour Young Adult Class:

Starting **February 12th** new study

Wednesday P.M. Services:

Wednesday services run from 7:00-8:05 p.m.
Adults meet in the auditorium for prayer/Bible study; the Uth Group Middle/High School meet with James/Shawna+; Sue Smith-Raska, Katie Davis and Rae Ward teach our young children; and, of course, Emily Wilkinson is in the nursery.

Coming Up:

April 2: Jason Rose of Chosen People Ministries will present “The Messiah in the Passover”

Super Summer 2017 “Rescued”

Puebla 2017: June 3 – 8

Uth Mission Trip, Mescalero, NM:

July 1 - 9



Bible Studies and Events:

- February 5th – LORD’s Supper during 2nd Hour
- February 6th, 13th, 20th & 27th - Pilates with Nancy at TBF 6-7 p.m.
- February 7th & 28th -TBF WOT evening Bible Study at TBF 6:30 – 8:30 p.m.
- February 8th & 22nd - TBF WOT morning Bible Study at Olga Pollock’s 9:00 – 11:00 a.m.
- February 12th – Valentine’s Banquet at TBF 5:00 p.m.
- February 13th - MOPS at First United Methodist Church 9:30-11:30 February
- February 16th – Kindred Community 6-8 p.m. at FBC Duncan
- February 19th & 26th – TBF (Sunday evening option) Men’s Bible Study 6:30-7:45 p.m.
- February 22nd – TBF Monthly Fellowship (Chicken Noodle) Dinner 5:45 – 6:45
- February 23rd – TBF (Thursday evening option) Men’s evening Bible Study 6:30-7:45 p.m.
- February 26th – Friends of the Classroom meeting after 2nd Hour

Monthly TBF Wednesday Fellowship Dinner

February 22nd

5:45-6:45

World Famous FMC Chicken Noodles

made by TBfers – with coleslaw, bread & dessert

\$4.00 each

or

Hot Dog, Chips & a Sweet Treat

\$3.00 each



MOPS ~ February 9th ~

Meets the 2ND Monday of each month during the school year

9:30 - 11:30 a.m.

at First United Methodist Church

2300 Country Club Rd.,

Duncan, Oklahoma

For more information, contact 580-255-3353

Pilates with Nancy

TRY IT – YOU’LL LIKE IT!

A great way to work on flexibility, tone and
practice proper deep breathing



When: Mondays **from 6:00 to 7:00 p.m.**

Where: TBF auditorium

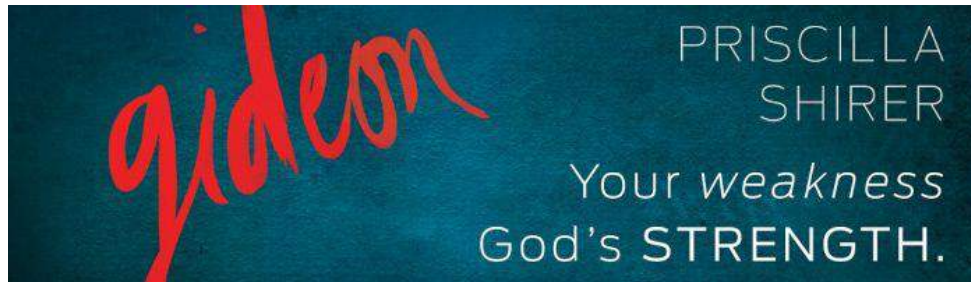
What: A workout consisting of 40 to 45 minutes of floor exercises, not constantly on knees or wrists and no up and down movements, followed by a short workout in the standing position.

How Much: \$5.00 per week

What to wear: Shorts, sweatpants, t-shirts, whatever. The workout will be done in bare or sock feet.

For more information, contact Nancy at 580-467-6310

Women of Tanglewood



Gideon: Your weakness. God's strength.

(A 7 session women's DVD Bible study by **Priscilla Shirer**.)

When we hear the name Gideon, most of us think about his 300 soldiers or the fleece he laid out under the evening sky. But Gideon's story is so much bigger than that—bigger than any one man and his mark on Israel's history. Like everything else in the Bible, this is a story about God and His people, His love for them, as well as His strength operating in spite of their weakness—even through their weakness. And because God's people includes you and me, Gideon's story is also about us—our lives, our doubts, our struggles, and our possibilities as believers. From a state of fear, weakness, and insecurity, Gideon emerged as Israel's hero, filled with God's presence and His passion for deliverance.

This study will encourage you to recognize your weakness as the key that the Lord gives you to unlock the full experience of His strength in your life. In what ways do you feel insufficient? Those places create the greatest opportunity to experience the sufficiency of God. Instead of ignoring, neglecting, or trying to escape your weaknesses, see them as the gifts that they are, given specifically and strategically by God to unlock the door of God's strength.

Here are the dates for the evening and daytime studies -- Tuesday Evenings, 6:30-8:30, at the church; Wednesday mornings, 9:00-11:00, at Olga's.

Evening - Tues pm

2/7 - #2
2/28 - #3
3/14 - #4
3/28 - #5
4/11 - #6
4/25 - #7

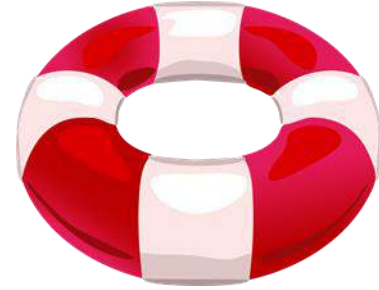
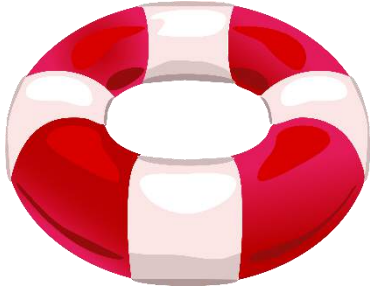
Daytime - Wed am

2/8 - #2
2/22 - #3
3/8 - #4
3/22 - #5
4/12 - #6
4/26 - #7

Please contact Mimi or Olga via email, phone or text to inquire about a study guide.

Looking forward to another wonderful opportunity to study God's word together!

Mimi and Olga



Super Summer 2017
RESCUED

I know it is a little bit early (especially for me) but Super Summer will be here before you know it and we will be going with a beach theme, primarily focusing on being , “RESCUED”.

A few items or things that I already know that I would like to have are listed below:

- **Life Jackets**
- **Life Saving Rings (like the pictures above, they don't have to be red and white though)**
- **Life Guard chair - I am thinking this may have to be built so for any builders out there, I need your help!**

Please let me know if you have any of these items that we might be able to use. Thank you in advance!!

Krista Bowles
Cell (call or text) - 470-5498
E-mail - bowlesfarms@pldi.net

Kindred Community Dinner

6:00 - 8:00 p.m.

Thursday, February 16th

First Baptist Church

901 W Ash

Duncan, Oklahoma

*If you are a TBF woman with a heavenly husband or know of a woman you would like to invite to this event, please **RSVP** by contacting Jan Palovik at 580-467-1925 or sleepersully@hotmail.com*

by February 12th



*Sunday, February 12th
5:00 p.m. at TBF*

Tickets are \$15 each
and are on sale NOW!

This is not a just a
couples' banquet.
Please come and
enjoy an evening with
friends, great food and
entertainment!

All proceeds go
towards the
Uth Mission Trip

2nd Hour Young Adult Class Beginning on February 12th:

Dr. Kevin Lehman

"Have a New Kid by Friday" DVD

Here is one review by a grateful mom: What's more embarrassing than your mother-in-law buying you a book on parenting? I was so desperate I picked it up and read it in 2 nights. I started implementing the ideas immediately and get this...I saw an instant change in my daughter's behavior! I was in this huge battle with her every day and didn't even see how wrong I was to try and do battle with a 3 year old, but she is so strong-willed and I dug my heels in. I was going about it all wrong. I am so incredibly grateful for this book! I started reading it on Saturday night and saw such a significant change in her behavior by Thursday!! I liked how the book gave very specific and useful techniques and how I didn't ever get mad or angry like I was before. I just needed to refine my skills.

**Three Week Men's PM Bible Study:
Sundays OR Thursdays 6:30-7:45 pm 2/19, 2/26, 3/5**

Based on the book "Unfolded" and the premise "It is possible to know Bible stories, yet miss THE Bible Story...we will survey the overall "Story of Scripture" to build closer relationships with our Lord and one another. Bring your Bible and a teachable heart. So that we can have an estimate of how many man to plan for, please sign up on the back table or email Pastor Brad at bmccoy@cameron.edu **There Will Be Two Different Meeting Times Each Week** Pick the One That Works Best for You: 1: Sunday Evenings or 2: Thursday Evenings

**PUEBLA 2017
SATURDAY - THURSDAY
JUNE 3-8**

We will work with Tomas/Carmen Yanez and The Church of the City. We need to nail down our travel arrangements by the end of March....so think/pray about this and talk to Brad-sometime soon for a no obligation consultation



There will be a meeting of Friends of the Classroom (**all TBFers**) on **Sunday, February 26th**, after 2nd Hour.

Are you a wannabee teacher, helper or substitute who might be ready to jump in and help?

Aubrey McPherson will explain the curriculum and how you can plug into and help out our children's ministry.

Pizza and salad will be served and childcare will be provided.

Sincerely, Jean Schalit

FEBRUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5 LORD's Supper 2 nd Hour	6 Pilates @ TBF 6-7	7 WOT Gideon study at TBF 6:30-8:30	8 <i>WOT Gideon study at Olga Pollock's</i> 9-11	9	10	11
12 Valentine's Banquet 5:00 at TBF	13 MOPS at FUMC 9:30 – 11:30 Pilates @ TBF 6-7	14	15	16 6:00 – 8:00 Kindred Community FBC Duncan	17	18
19 Men's PM Bible Study 6:30-7:45 (Opt. 1)	20 Pilates @ TBF 6-7	21	22 <i>WOT Gideon study at Olga Pollock's</i> <u>9-11</u> TBF Fellowship Dinner 5:45-6:45	24 Men's PM Bible Study 6:30-7:45 (Opt. 2)	24	25
26 Friends of the Classroom meeting after <u>2nd Hour</u> Men's PM Bible Study 6:30-7:45 (Opt. 1)	27 Pilates @ TBF 6-7	28 WOT Gideon study at TBF 6:30-8:30				

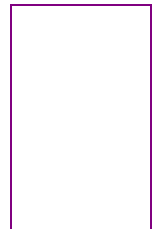
Ginny Heath's Chicken Noodle Soup

Stew a whole chicken in a large stock pot. Reserve all of the broth (should be about 3 quarts) and refrigerate until the fat comes to the top and then skim off. Debone chicken and use about 1/3rd for the soup, cutting into bite-size pieces. In a large stock pot, saute 1/2 onion, 2 carrots and 2 stalks of celery in about 2 T of olive oil for about 5 minutes. Stir in 2 cloves of minced garlic and saute another 2 minutes. Sprinkle 1-1/2 T. of Wyler's Chicken Powder, 2 packages of Herb Ox Low Sodium Chicken Bouillon, 1/2 t. Sea Salt, 1/2 t. Black Pepper and 1/2 t. Poultry Seasoning on top of vegetables. Add chicken broth; bring to a boil, cover and reduce heat. Simmer for about 30 minutes. Uncover and bring back up to a boil; add 1/3 package of Amish Made Kluski Noodles** (I got mine at Orschelyn's and they are made in *Millersburg, Ohio); reduce heat and cook until noodles are done – about 20 minutes. Turn heat off and stir in chicken pieces; let set for a few minutes so that chicken will be hot.

*For an interesting fact about Millersburg, ask Ron Miller.

**Thank you Sherry Herrington for teaching me about dry noodles in chicken noodle soup. 😊

Tanglewood Bible Fellowship
P. O. Box 562
Duncan, OK 73534-0562



To: