



NEWSLETTER

Tanglewood Bible Fellowship

OCTOBER 2016

The Mission of TBF is to glorify God (Psalm 86:11-13; 115:1 and 1 Peter 2:12; 4:16) by actively participating in the ongoing fulfillment of the Great Commission (Matthew 28:19-20) as a body of believers (1 Cor 12:13; 1 John 5:1-5) who collectively/individually (Phil 1:27) serve our Savior, the Lord Jesus Christ (Rom 12:1-2) and one another (Phil 2:3-4) functioning as a spiritual Greenhouse (Eph 4:11-16) such that by our interactions together we are catalyzed to grow (Acts 2:42) and to reproduce (Acts 2:47) spiritually



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Sunday 1st Hour Teaching Time:

The Life of Solomon 1 Kings 1-12 every Sunday in October except the 9th

October 9th: Faisal John - Pastor in Pakistan, and longtime friend of the Ward family, will speak

Sunday 2nd Hour Young Adult Class:

Sacred Marriage series

Wednesday P.M. Services: (7:00 – 8:00)

DVD Driven Series: *Culture Shock* concludes 10/5/2016
NEW Wed PM teaching series on the Sermon on the Mount (Matthew 5-7) begins Wednesday 10/12/2016

Bible Studies and Events:

October 3rd, 10th, 17th and 24th – Pilates with Nancy at TBF 7-8 p.m.
October 4th & 18th – WOT *The Armor of God* Bible Study at TBF 6:30 – 8:30 p.m.
October 5th & 19th - WOT *The Armor of God* Bible Study at the home of Olga Pollock 9:00 – 11:00 a.m.
October 8th – Mitchell Family Adoption Yard Sale Fundraiser at TBF
October 8th – Men's (and Boys') Fellowship Breakfast 9:02-9:58
October 10th – MOPS now the 2nd Monday at First United Methodist Church in Duncan
October 18th - Kindred Community Dinner 6-8 at First Baptist Church in Marlow
October 19th – Wednesday Evening Fellowship Dinner
October 30th during 2nd Hour – LORD's Supper
October 31st - 2016 Fall Festival at TBF from 6:30-7:30

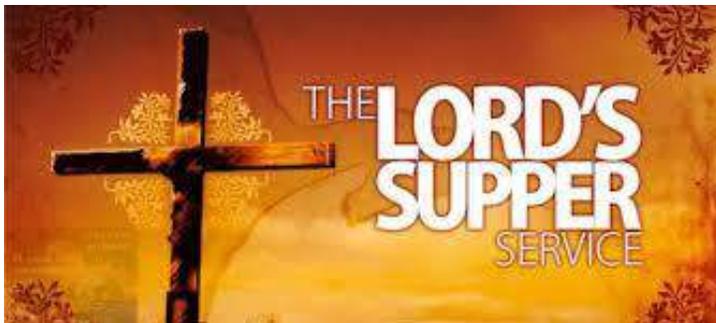
Mitchell Family Adoption

Yard Sale Fundraiser

Saturday, October 8th @ TBF

If you have items to donate, or you can help us organize and price donations, please contact Shawna or James.

Shawna:
(580) 560-9087
James:
(580) 560-9088
Church:
(580) 252-3365



Sunday, October 30th, during 2nd Hour

Kindred Community Dinner

6:00 - 8:00 p.m.

Tuesday, October 18th

First Baptist Church of Marlow
213 N. Broadway
Marlow, Oklahoma

If you are a TBF woman with a heavenly husband or know of a woman you would like to invite to this event, please **RSVP** by contacting Jan Palovik at 580-467-1925 or sleepersully@hotmail.com **by October 14th**

TBF Wednesday Evening Fellowship Fish Fry by Jean

(Brought to you by the makers of Aunt Jean's Peanut Brittle)

October 19th

5:45 - 6:45

At TBF





Dear Ladies,

Our study, **The Armor of God** by Priscilla Shirer, just concluded its first month and will continue through November.

What better way to start fall than participating in a wonderfully enriching Bible Study with sisters in Christ!

Mimi facilitates **The Armor of God** evening study and I, the morning study.

The Tuesday evening group meets from 6:30pm to 8:30pm at TBF.

Scheduled dates are -

Oct 4 and 18

Nov 1, 15 and 29

The Wednesday morning group meets from 9am-11am at 2127 Meadowlark.

Scheduled dates are -

Oct. 5 and 19

Nov. 2, 16, and 30

Olga



MOPS October 10th

NOW Meets the 2ND Monday of each month during the school year

9:30 - 11:30 a.m.

at First United Methodist Church

2300 Country Club Rd.,

Duncan, Oklahoma

For more information, **contact 580-255-3353**

Special

(They are ALL special but this is especially)

Men's and Boys' Breakfast

Saturday

October 8th

9:02 - 9:58 a.m.

(Bring a Friend/Neighbor)

A great way to start the day!

With special guest Faisal John pastor of Grace Bible Church in Pakistan. Pastor Faisal John has been serving Pakistani communities since 1998. He is a longtime friend of the Ward family.

<http://www.gbcpakistan.org/who-we-are>

5 ways YOU can help and/or contribute to the Mitchell Family Adoption Fund or Fundraisers:

- 1: Pray.
- 2: Make monetary contributions at adopttogether.org/themitchellfamily
- 3: Shop and order from the WOT online That's My Pan! store: www.thatsmypan.biz/FROK10088
4. Eat at the monthly Wednesday evening fellowship dinners.
5. Contribute items and/or shop the yard sale on October 8th at TBF.

Pilates with Nancy

When: Mondays from 7:00 to 8:00 p.m.

Where: TBF auditorium

What: A workout consisting of 40 to 45 minutes of floor exercises, not constantly on knees or wrists and no up and down movements, followed by a short workout in the standing position.

How Much: \$5.00 per week

What to wear: Shorts, sweatpants, t-shirts, whatever. The workout will be done in bare feet.

How long in session: 10 to 12 week session and will break for the Christmas holidays

For more information, contact Nancy at 580-467-6310



Here's a bit of Pilates' trivia:

Pilates is named after its inventor, Joseph Pilates, a former carpenter and gymnast who invented the exercise for injured dancers.

2016 Fall Festival

When: Monday, October 31st

Where: Tanglewood Bible Fellowship

Time: 6:30 pm to 7:30 pm

This event is a great alternative to trick or treating and for anyone who is looking for a more family and child friendly environment. The games are designed for toddlers through fifth graders. There will be door prizes, food, games, candy, and a photo booth. Feel free to dress up or come in normal clothing.

However, please do not wear anything scary.

Candy donations are welcomed and volunteers are greatly appreciated. Church members and the public are welcome to attend the festival. Text or call Shelby Wilkinson at 580-475-7349 for questions or more information.



OCTOBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 Pilates with Nancy at TBF 7:00 – 8:00	4 WOT At TBF The Armor of God Bible Study 6:30 – 8:30 p.m.	5 WOT At Olga Pollock's The Armor of God Bible Study 9:00 – 11:00 a.m.	6	7	8 Mitchell Yard Sale @ <u>TBF</u> 9:03 – 9:58 Men's/Boys' Breakfast at TBF
9	10 MOPS at FUMC in Duncan <u>9:30 – 11:30</u> Pilates with Nancy at TBF 7:00 – 8:00	11	12	13	14	15
16	17 Pilates with Nancy at TBF 7:00 – 8:00	18 6:00 – 8:00 Kindred Community <u>Dinner at FUMC</u> WOT At TBF The Armor of God Bible Study 6:30 – 8:30pm	19 WOT At Olga Pollock's The Armor of God Bible Study 9:00 – 11:00 a.m. Wednesday Evening Fellowship Dinner @ TBF 5:45-6:45	20	21	22
23	24 Pilates with Nancy at TBF 7:00 – 8:00	25	26	27	28	29
30 LORD's Supper during 2 nd Hour	31 Fall Festival At TBF 6:30 – 7:30					

BBQ Burgers

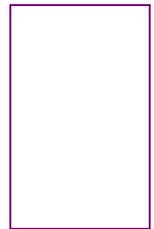
A Slow Cooker Recipe

Serves 4

1 1/2 lb. lean ground beef
6 small red potatoes, thinly sliced
Salt and Pepper
1/2 c. Ketchup
1 medium onion, chopped
2 T. Sugar
1 T. Cider Vinegar
1 T. Worcestershire Sauce

Shape ground beef into 4 burgers. Place sliced potatoes in slow cooker and give a few shakes of salt and pepper. Place burgers on top of potatoes. Combine remaining ingredients and spread mixture on each burger. Cover and cook on Low setting for 8 hours.

Tanglewood Bible Fellowship
P. O. Box 562
Duncan, OK 73534-0562



To: