



NEWSLETTER

Tanglewood Bible Fellowship

SEPTEMBER 2015

The Mission of TBF is to glorify God (Psalm 86:11-13; 115:1 and 1 Peter 2:12; 4:16) by actively participating in the ongoing fulfillment of the Great Commission (Matthew 28:19-20) as a body of believers (1 Cor 12:13; 1 John 5:1-5) who collectively/individually (Phil 1:27) serve our Savior, the Lord Jesus Christ (Rom 12:1-2) and one another (Phil 2:3-4) functioning as a spiritual Greenhouse (Eph 4:11-16) such that by our interactions together we are catalyzed to grow (Acts 2:42) and to reproduce (Acts 2:47) spiritually



On Main Street In His Hometown

In the town of Rush Springs, a block away from where Stan Heath attended church and two blocks away from where he attended school, is a newly installed granite monument of the Ten Commandments. The property, on which the monument will stand as a permanent pillar for the town, was donated by Duane Gibbs with the monument gifted by Vimy Ridge Baptist Church.

As recent as August 28th, Governor Fallin's stance is that the Ten Commandments monument on the State of Oklahoma Capitol grounds will remain.

Sunday 1st Hour Teaching Time:

Acts series continues

"Jesus is Alive as Head of His Bride"

In September we will be walking with Paul/Barnabas on the 1st Missionary Journey in Acts 13-14 and then onto Jerusalem for the critical "Jerusalem Council" meeting in Acts 15

Sunday 2nd Hour Young Adult Class:

First 1/2 of September: finish the current incarnation of our survey of the book "If God Created the Universe, Who Created God?"

Second 1/2 of September: new series (to be determined by an email survey you will receive in your email box very soon)

Wednesday P.M. Services: (7:00 – 8:00)

Adult Prayer/Bible Study of 2 Thessalonians

Bible Studies and Events:

September 1st – *The Daniel Plan* kickoff at TBF 6:00 p.m.

September 2nd – MOPS at First Baptist in Marlow 9:30 – 11:30 a.m.

September 13th – WOT Pre-Fall Party at **PRAIRIE WIND** 6:00 p.m.

September 14th, 21st & 28th – *The Daniel Plan* group meets 6:00 p.m.

September 15th – WOT *Becoming a Woman of Simplicity* Bible Study kickoff at TBF 6:30 – 8:00 p.m.

September 16th – 3rd Wednesday Evening Fellowship dinner at TBF

September 20th – Friends of the Classroom meeting after 2nd Hour

September 26th – Men's (and Boys') Fellowship Breakfast 9:02-9:55

September 29th - Kindred Community Dinner 6-8 at Chisholm Trail Church of Christ

September 30th – WOW Wednesday starting at 5:45 p.m.

A “See Ya Later” Lunch for Pat Fleming

**Pat's new address and email:
P.O. Box 301, Dora, New Mexico 88115
pgcfleming@gmail.com**



1st Anniversary Kindred Community Dinner

6:00 - 8:00 p.m.

*Tuesday, September 29th
Chisholm Trail Church of Christ
3204 W. Beech Ave.
Duncan, Oklahoma*

Guest Speaker, Terri Cox

*If you are a TBF woman with a heavenly husband or know of a woman you would like to invite to this event, please **RSVP** by contacting Jan Palovik at 580-467-1925 or sleepersully@hotmail.com **by September 24th***



Part of the Puebla 2015 Team
preparing to leave TBF for Mexico.

Kynn and Carol Wanzor, Brad McCoy,
Manuel Ramirez and Rigoberto Varella.

5 Websites James Endorses

<http://www.worshiptogether.com/>

<http://orangeblogs.org/>

<http://stuffchristianslike.net/>

<https://www.thinkgeek.com/>

<http://www.ikea.com/us/en/>



FRIENDS OF THE CLASSROOM

**Sunday, September 20th
After 2nd Hour**

Everyone is welcome and we also welcome everyone's ideas.

Please attend, be involved and hear:

A debriefing from Krista Bowles about this year's wonderful Super Summer program;

Plans for fall fun activities; and

Plans for Christmas activities for the kids.

A pizza lunch will be provided.

Please sign up and join us for this important planning meeting.

~ *Jean Schalit*

Windows On the World Is Coming!

Hola, Hermanos y Hermanas
(brothers and sisters)!

Join us **Wednesday,
September 30, at 5:30,**
for Mexican Dinner and a
presentation of our TBF
Puebla trip.

There is much to tell and
share, complete with a
photo presentation!

Please sign up on the list
at the table and mark
your calendars!

*WOW Wednesday is held the fifth
Wednesday of the month during the
months containing five Wednesdays
bringing awareness on the world
missions supported by
Tanglewood Bible Fellowship*

Why Not Wednesday?

Good Stuff/God Stuff for Every
Member of Your Family.....
with/alongside
Your Church Family

7:00-8:00 pm Elders and Pastor Brad
lead prayer and Bible Study,

James/Shawna lead Uth Group,

Lori McCann leads younger TBfers

and

Taylor Smith serves in the nursery.

**What you may have
missed:**

**Windows On the World
WOW Wednesday
July 29th**

Former TBfer, Brad Edwards, returned home to TBF to share his quest to raise money for a friend's mission, Second Mile Water, to help families in northern Nicaragua to gain permanent access to clean water.



On August 8th, 2015, Brad achieved his physical goal by climbing Mount Princeton in Colorado and further, exceeded his monetary goal.



Rock Paper Scissors

James present
the winner, Stan
Heath, with
Palace Theatre
tickets



Women of Tanglewood



Friday, August 7th
WOT Jewelry Making Party
at Strung Out (The Bead Shop)



What we made!



NOTICE:

Change of venue for Women of Tanglewood party on Sunday, September 13th

Women of Tanglewood Pre-Fall Party

Sunday, September 13th

6:00 – 8:00 p.m.

Will NOT be at Lake Humphreys, but will be held at
Ginny and Stan's home, Prairie Wind, on Plato Rd.

Come enjoy the evening, German food and friends

Directions:

1 mile West of the Bypass on Plato Rd.
North side of road.

Look for: green pipe fence with Prairie Wind on the
entryway – 2 white barns with green roofs – red brick
house with green roof – windmill – pumpkin patch –
orange semi-truck. You're there.

The party will be held in the shop building.

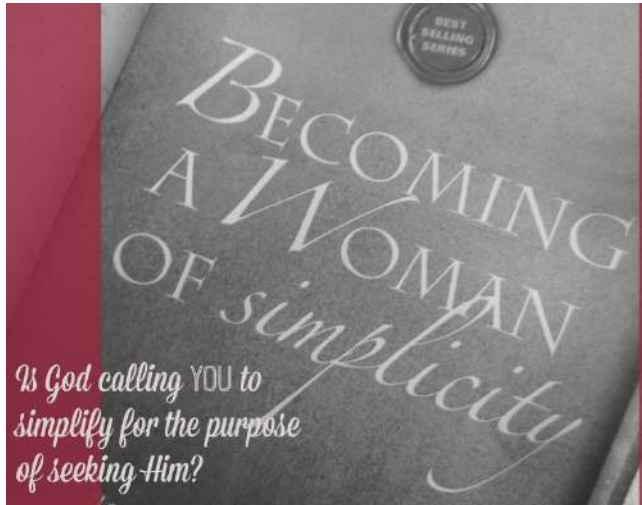


October 10 and 11, Saturday and Sunday, Echo Canyon Spa and Resort in Sulphur, Oklahoma. **This trip is full.**
If you are going, you soon will be receiving a list of some trip information and instructions.

SAVE THE DATE: Thursday, November 5th, WOT will host a "Big Event" with guest speaker, Dr. Cheri Strange, Doug and Meg Strange's daughter-in-law. Our meal will be a catered and tickets will be sold. We encourage inviting guests to this event.

PLEASE, ANYTIME you want to help out and be involved, **EVERYONE** is welcome and urged to participate when able.

Ginny Heath, Women of Tanglewood (WOT), Coordinator



Becoming a Woman of Simplicity
by Cynthia Heald

"In a culture that pulls women in multiple directions at once, is it possible to adjust priorities, reexamine your time management, and reduce your busyness in exchange for what is truly important -- becoming like Jesus? This study will offer practical, real-life counsel on rest and stress to women. The study will consist of 11 sessions and will require personal study between meetings."

*Tuesday, September 15th
6:30 - 8:00 p.m.
at Tanglewood Bible Fellowship*

This women's study led by Mimi Roberson starts on Tuesday, September 15th. On that date, we will pass out books and determine how many times a month we will meet and schedule the 11 sessions around the weeks of the Kindred Community dinners and such.

Feel free to invite women and friends outside of TBF.

If you would like a book, please let Ginny Heath know. The books are paid for by the Women of Tanglewood fund.



MOPS

**Meets the 1st Wednesday of each month
during the school year**

9:30 - 11:30 a.m.

at First Baptist Church

213 N. Broadway,

Marlow, Oklahoma

For more information, contact Jan Palovik at 580-467-1925 or
sleepersully@hotmail.com

TBF 3rd
wednesday Evening
Fellowship

Soup
Dinner
September 16th
5:45-6:45

Main Meal
\$4.00 each

or

Hot Dog and Chips
\$3.00 each

All served with
Dessert and Drink

Brought to you by Women of Tanglewood



Men/Boys Trip
to Top Golf in Edmond
Saturday
October 10th

This facility is designed to be fun....for golfers and non-golfers alike

We will leave the TBF parking lot at 9:00.....go to Edmond/then eat lunch in the area/return home

SIGN Up List on the Back Table

Approx Cost \$15.00 per person for Top Golf.....Dutch Treat Lunch....Bring Extra Money for Snacks and Tips for Pastor Brad



Men's and Boys'
Breakfast

Saturday
September 26th
9:02 - 9:55 a.m.

Food/Fun/Fellowship...
Surprises and Prizes
(Bring a Friend/Neighbor)

A great way to start the day!

NEWS FROM THE

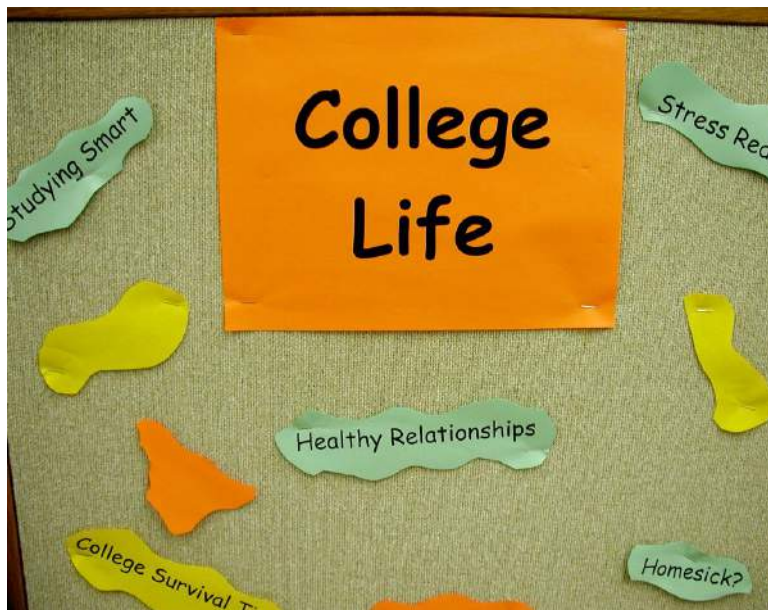


Nursery

Our littlest TBFers are well cared for in our nursery, thanks to the faithful volunteers who look after them! We do have some needs that can be easily met with a little help from our TBF family. Please consider helping in the following ways:

- volunteering one Sunday per quarter, 1st or 2nd hour
- donating books for ages (birth- 4 years)
- watch for other items to help with as we look to update and improve our nursery space
- stop by and meet/ say hello to Taylor Smith and tell her Hello and "Thank You", even if you don't have children in the Nursery

Please contact Rae Ward with questions about donations and Volunteering: (970) 812-7193, raeric@cableone.net



Our College Students have begun a new semester, some their FIRST semester, away from home. Remember this time period in your life; whether it was being away from home for the first time, starting your first job on your own, or going to school. With all the competing and conflicting influences, let us encourage these young adults in their faith, to seek out other believers, to plug into a Bible teaching church, and to abide in Christ and His ultimate Truth. Please find the names and addresses of our TBFers that are away from us on the table and send them a note of encouragement. Also watch for the call for care package items as finals draw close!



TBF Uth

**parent
cue.**

We're Teaching This:

When you were a kid, what did you look forward to most? Was it taking off the training wheels? Being tall enough to ride whatever you wanted at the fair? Getting to wear makeup? Or driving a car? It seems there's something in every little kid that loves the idea of growing up. That doesn't really go away as we get older. Middle school makes us wish for high school. High school makes us wish for college. And most of the time, we know what it takes to get from one level to the next, but what about spiritually? How do we know we're moving forward in our faith? And what are the things that help us get there? The good news is that, like any good Father, God wants us to grow. He wants to see us move forward. So, He doesn't make it complicated. In fact, as we look at four things God uses to propel our faith, we may find that growing up spiritually can be simpler than we ever imagined.

Think About This:

When was your last growth spurt? No, not your teenager. You! Chances are it's been a while since you hit a growth spurt and your height changed, but we all go through spurts or periods of time where we grow, and learn, and change. Maybe you've experienced a time when you were stretched and challenged to learn new things at work. Or maybe in your marriage. Or maybe with friends. And, that's a good thing. We all need growth spurts in our lives, or time where we focus on propelling an area of our lives to a new level. That's why so many companies provide professional development classes. It's why gyms have fitness training programs. And, parenting is no different. Just like the rest of life, there will be times when we need to stretch and grow our parenting. During this series, your students are learning about four ideas that can propel their faith forward, and the same four things they're hearing about-but with a slight twist- have the power to propel your parenting.

Four Ways to Propel Your Parenting:

1. **Do what you say.** We are constantly advising our students, giving them insight so they'll make good choices. We say, "Eat healthy food." "Get enough sleep." "Don't gossip." "Keep good boundaries in relationships." And if our teenagers would just *listen* to us, that would be great. The problem is they watch us too! They pay more attention to what we do than what we say. That's why, even in the exhausting and complicated world of careers and adult responsibilities, it's important that our students don't just hear our advice but see us acting it out in our daily lives. Words are important, but actions make our words believable for students. In other words, they're more likely to *believe* what you say when you do what you say.
2. **Widen the circle.** The truth is there will be times when your student doesn't want to talk to you and won't seek your advice. That's why it's so important to have other adults in their lives that you (and they) trust. Maybe that's a church small group leader, a school coach, or a friend's parent. Make a list of a few other adults who you both like and trust. Then decide together who your student will go to when they don't feel they can come to you.

3. **Serve together.** There's no question that serving benefits teenagers. The Minneapolis based Search Institute has reported that children and teens who volunteer just 1 hour a week are 50% less likely to abuse drugs and alcohol, smoke cigarettes, or engage in harmful behaviors (from <https://www.psychologytoday.com/blog/raising-resilient-children-and-teens/201112/serving-others-will-help-your-teen-thrive>). But the benefits aren't just limited to the student. When families serve together they create situations where they will have to depend on each other, work together, and have real conversations.

4. **Be present in pivotal moments.** Teenage years are full of big moments. Dances. Big games. Hard tests. Award ceremonies. Breakups. Driver's licenses. But every once in a while, our student experiences a different kind of big moment, one that can cause their entire life to pivot or go in a new direction. Maybe it's when the family moves to a new state, or dad loses his job, or there's a divorce or the death of a friend. When those moments come, as parents, it's more important than ever that we lean in and let our students know that we're going to walk through the tough stuff with them. It's never easy, and there's no manual for what to say or how to respond. But just knowing you're there, you're present with them, through the biggest life-changes may give your student the anchor they need to weather whatever storm may come.

S E P T E M B E R

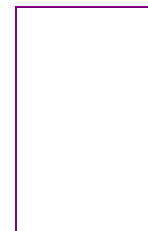
| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|--|--|----------|--------|---|
| | | 1 The Daniel Plan kickoff at TBF 6:00 | 2 MOPS at First Baptist in Marlow 9:30 – 11:30 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 6:00 WOT Pre-Fall Party at the Heath's on Plato | 14 <i>The Daniel Plan</i> at TBF 6:00 | 15 WOT Becoming a Woman of Simplicity study kickoff At TBF | 16 3 rd Wednesday Evening Fellowship Dinner 5:45-6:45 | 17 | 18 | 19 |
| 20 Friends of the Classroom meeting after 2nd Hour | 21 <i>The Daniel Plan</i> at TBF 6:00 | 22 | 23 | 24 | 25 | 26 9:03 – 9:55 Men's/Boys' Breakfast at TBF |
| 27 | 28 <i>The Daniel Plan</i> at TBF 6:00 | 29 6:00 – 8:00 Kindred Community Dinner at Chisholm Trail cofC | 30 WOW Wednesday 5:30 | | | |

Applesauce Citrus Cake (this was served at The Daniel Plan kickoff)

Coconut oil
2 1/2 c. gluten-free flour
2 1/2 t. baking powder
1 1/2 t. cinnamon
3/4 t. baking soda
1/2 t. nutmeg
1/2 t. kosher or sea salt
2 c. smooth organic applesauce
2/3 c. raw orange blossom or mild honey
1/2 c. coconut oil, melted if solid
1 egg, beaten
2-3 t. orange zest
1 t. pure vanilla extract
3/4 c. chopped walnuts

Preheat oven to 325 degrees. Lightly oil a 9-inch square baking pan, then line with a square of parchment paper cut to fit. In a medium bowl, whisk flour, baking powder, soda, cinnamon, nutmeg, and salt together until well combined. In another large bowl, stir together applesauce, coconut oil, honey, egg, zest, and vanilla until smooth. Pour dry ingredients into the wet ingredients, and stir until completely blended. Stir in walnuts. Pour batter into the pan, and bake until cake is golden brown and a toothpick inserted in the center comes out clean, about 40 minutes. Turn cake out onto a wire rack to cool, remove parchment paper, and slice into 10 pieces. This cake is best enjoyed the day you bake it. However, you may wrap leftovers and store at room temperature for a day or two.

Tanglewood Bible Fellowship
P. O. Box 562
Duncan, OK 73534-0562



To: